



UCSF Health Health History

Name: _____ today's Date: _____

Date of Birth: _____

Problems							
Active	Past		Active	Past		Active	Past
		Abnormal Pap Smear			Emphysema		Measles
		AIDS			Enlarged Prostate		Memory Loss
		Alcoholism			Epilepsy		Migraines
		Anemia			Erectile Dysfunction		Mononucleosis
		Anorexia			Fecal Incontinence		Multiple Sclerosis
		Anxiety			Glaucoma		Mumps
		Appendicitis			Goiter		Numbness:
		Arthritis			Gout		Pain:
		Asthma			Headache		Palpitations
		Bleeding Disorder			Hearing Loss		Pneumonia
		Blurred Vision			Heart Attack		Polio
		Breast Lump			Heart Disease		PMS
		Bronchitis			Hemorrhoids		Rheumatic Fever
		Bulimia			Hepatitis:		Scarlet Fever
		Cancer:			Hernia		Stomach Ulcer
		Cataracts			Herpes:		Stroke
		Chemical Dependency			High Blood Pressure		Tonsillitis
		Chicken Pox			High Cholesterol		Tuberculosis
		Constipation (chronic)			HIV Positive		Typhoid Fever
		COPD			Hyperthyroid (high)		Urinary Incontinence
		Depression			Hypothyroid (low)		Varicose Veins
		Diabetes			Kidney Disease		Venereal Disease:
		Diarrhea (chronic)			Liver Disease		
		Difficulty Swallowing			Low Blood Pressure		

Surgical/Hospitalization History			Pregnancy History		
Description	Year	Reason	Year	Sex	Complications

Family History							
Relation	Age	State of Health	Age at Death	Cause of Death	Relatives with the following conditions:		
					Disease	Relationship	
Father					Arthritis		
Mother					Asthma		
Brothers					Cancer		
Sisters					Depression		
					Diabetes		
					Heart Disease		
					Hypertension		
					Kidney Disease		
					Other:		

Social History				
				Tobacco Use
				Alcohol Use
				Drug Use
				Caffeine
				Exercise
				High Risk Sexual Behavior
				Other:
Marital Status				
Single	Married	Separated	Divorced	Widowed
Sexual Orientation				
Heterosexual	Homosexual	Bisexual		

Allergies: Substance	Reaction	No known allergies

Preventive Care			
Procedure	Date	Immunization	Date
Colonoscopy		Influenza	
Eye Exam		Pneumococcal	
Mammogram		Tetanus	
PAP Smear			
Physical			

Medications: Name of Medication	Dose	No current medications